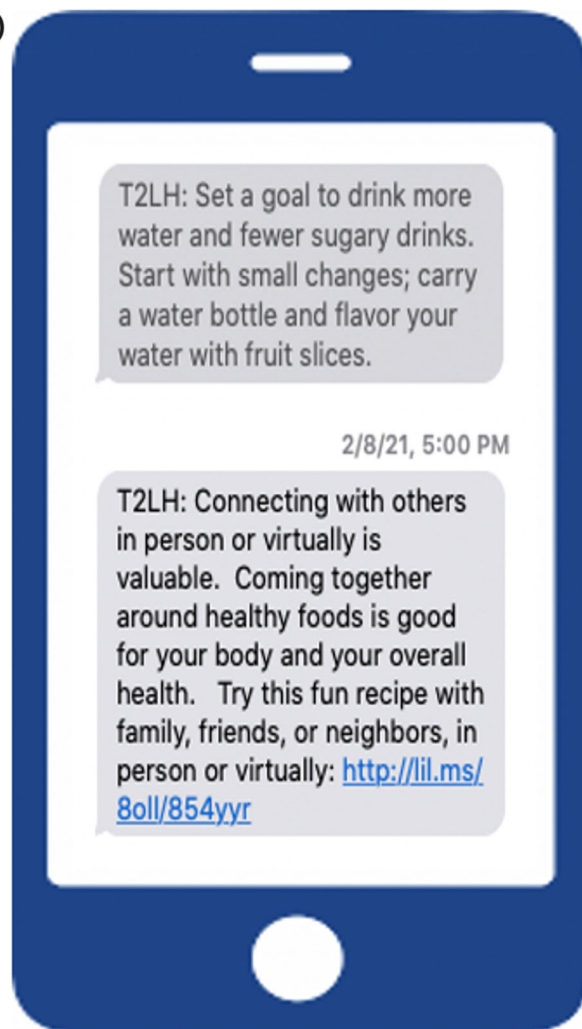


Text2LiveHealthy[®]

Fun tips to keep you active and healthy



Join the FREE Text2LiveHealthy (T2LH) Program!

Are you looking for easy low-cost ideas to eat healthy?

Get connected with local community wellness events

Looking for new ideas to stay active & independent?

Text **FRUIT** to **21333**



Or scan **this code** with your phone's camera and fill out the **T2LH form** to register

You can also register by visiting: <http://redcap.link/T2LH> InGoodHealth

This material was funded by USDA's Supplemental Nutrition Assistance Program - SNAP.
This institution is an equal opportunity provider.