

## Colorado Association of Nutrition Senior Directors

“Dedicated to Being a Leader in Providing Quality Nutrition Services to Older Adults in Colorado.”

**Minutes: February 24, 2021 via Zoom**

### 1. Member Introduction

#### Attendance:

Region I: Brenda Nelson

Region IIB: Meredith Skoglund, Lorrie Wellman, Lyndsey Prince

Region IIIA: Dale Elliott

Region IIIB: Teresa DeAnni, Patty Murphy

Region V: Debby Conrads

Region VI: Vicki Sigler

Region VII: Al Shonk

Region VIII: Monica Wolfe, Joy Rascon

Region IX: Carol Melchner, Vicki Maestes, Julie Bingham

Region XIA: Amanda de Bock

Region XIC: Judy Martin

Region XID: April Sigman

Guests: Leighanna Konetski, Todd Coffey

### 2. Discussion with Leighanna Konetski-

Leighanna expressed thanks and gratitude to all programs. She mainly just wanted to check in our needs and offered training and tech support to anyone.

### 3. Region Updates-

Joy/Monica: Planning to open meal sites March 15, 2021.

Meredith: LaSalle meal site will open March 9, 2021. Talked about challenges opening facilities that are not ran by an AAA and the struggle with the ongoing restrictions.

Judy: Expressed that she too was having issues due to “non-owned” buildings being closed with no end in sight as to when they might be opening back up.

Vicki Maestes: Praised Carol Melchner for her hard work implementing a very successful breakfast program. She also stated that their Home Delivered Meals had increased from around 750 to anywhere between 1800-2000 per week. There were also some concerns expressed over the struggle the Seniors are having with technology and making appointments. They have stepped in to help with that.

### 4. Vaccine Process- Amanda: Mesa County is currently working on a project to offer a Mobile Vaccine Clinic in the very near future. As of now, she is working to help facilitate a volunteer-based program to set appointments and provide transportation to Seniors in the community that wish to be vaccinated but are unable to do so on their own.

Judy: They are working with their local Health Department and SEP to make sure that any

Seniors wanting the vaccine have access to it. There is also a drive-up clinic.

Theresa: Touched on how Boulder County was handling the distribution of vaccines.

5. **Discussion with Todd Coffey-** Todd discussed carry over funding that was being redistributed at 100% rather than the previous 10%. The AAA's are also receiving additional funding from the Stimulus package that went through around Christmas. This can be used for any service. He also discussed future funding that may be coming available to the AAA's. Changes made to the Homestead Act will reduce funds that are available to the AAA's however, the Stimulus funds will offset this so there will be no reduction in available funds.

Amanda: Questioned if the funding would carry through the next fiscal year (2022).

Todd: Cares will not but Stimulus will.

Teresa: Inquired if nutritional requirement would go back to pre-pandemic.

Todd: It is up to the State. He had not heard anything thus far. He also expressed that they were looking at continuing some of the practices that were identified as best practices to make the programs less paternalistic and allow choice.

Joy: Asked if we could continue grab and go meals going forward. His reply was yes. There are still people who are not comfortable going out and lower income people that are still working. This will accommodate them.

Dale: Updated that things were going well with his programs.

Teresa: Thanked Todd and Leighanna for joining us.

6. **Education Committee-** Patti spoke regarding the committee's work on providing virtual nutrition education. They have been looking into ZOHO and playing with it. It needs some work and fine tuning. She suggested maybe giving incentives for presentations.

Meredith: Inquired about reporting units and following up.

Judy: Suggested that we utilize our local RD's and encouraged incentives.

Meredith: Suggested that we pool our resources to avoid creating a drain on any one Region.

Lorri: Asked about possible training and perhaps CANSD helping to cover any possible cost.

Al: Suggested possible Nutrition Ed via text message. He also talked about taking part in a pilot program that Leighanna had reconfigured and expanded. He stated that it would soon be available to seniors and their caregivers at no cost. It was also discussed that perhaps we could incorporate the text program into ZOHO to somehow utilize both programs and open it up Statewide.

Al: Made a motion to get started and move forward with this idea.

Meredith: Seconded. Motion carried.

Judy: Made a second motion to use CANSD dollars to help provide incentives for participation.

Meredith suggested that we table this discussion until we are further along. Judy withdrew the motion.

7. **Minutes of October 28, 2020.-** Judy Martin made a motion to approve the minutes as written, Al Shonk seconded. Motion carried.

8. **Treasurers Report-** As of January 31, 2020. There is a balance of \$15,192.22. Articles of Inc. were paid 2/23/2020 in the amount of \$10.00. The account is in good standing. Al made a motion to approve the treasurers report. Judy Seconded. Approved.
9. **Website Update-** Teresa talked about her work on the website and making it more user friendly. Asked for feedback and help. We will discuss it further at the next meeting. Al offered his assistance.
10. **General Conversation-** Amanda asked about labels and would like some suggestions with what to use and what information everyone is using on them after her State Audit. Several of us will email her info.
11. **Next Meeting-** We tentatively scheduled the next meeting Wednesday, May 12, 2021 @ 3:00 pm.
12. **Adjourn-** Judy moved to adjourn the meeting. Al seconded. Meeting adjourned @ 4:38 pm.