

## Colorado Association of Nutrition Senior Directors

“Dedicated to Being a Leader in Providing Quality Nutrition Services to Older Adults in Colorado.”

### Minutes: October 28, 2020 via Zoom

#### 1. Member Introduction

##### Attendance:

Region I: Brenda Nelson

Region IIB: Michelle Dwyer, Meredith Skoglund, Lorrie Wellman, Lyndsey Prince

Region IIIA: Dale Elliott

Region IIIB: Teresa DeAnni, Patty Murphy

Region V: Debby Conrads

Region VI: Vicki Sigler

Region VII: Al Shonk

Region VIII: Monica Wolfe

Region IX: Carol Melchner

Region X: Brian Dickerson

Region XIA: Amanda de Bock

Region X1B: Debra Barney

Region XIC: Judy Martin

Region XII: Abbie Baker

Kerry McNeil

#### 2. Correspondence: None at this time

#### 3. Minutes of September 20, 2019: Judy Martin made a motion to approve the minutes as written, Al Shonk seconded. Motion carried.

#### 4. Treasurer's Report – No report at this time.

Teresa stated that she hasn't purchased Sherry Jone's retirement gift yet, but will do so soon.

We voted on purchasing a \$500 VISA card. Teresa will need reimbursed since the CANSO credit card will not purchase a gift card. Meredith will send her check once a receipt is received.

#### 5. Region Updates:

Meredith: 19 of the 23 sites are running a Grab and Go meal, still providing nutrition education and counseling. Continue to provide additional frozen meals to our senior housing facilities. Had a shut down due to COVID exposure

Dale: 19 of 30 sites open. Grab and Go. Distributing 5-day frozen boxes. Challenge is volunteers.

Al: no sites open in Pueblo. Using Transportation Dept. 100 New clients.

Judy: Grab and Go 6 sites. Serving out of parking lots. Taken over MOW for Valley View Hospital. Had outbreak in kitchen in Rifle.

Amanda: dropped 9 to 5 sites. Serving 550 meals daily.

Monica: 9 meal sites continuing to serve – 7 grab and go.

Carol: Durango over 200 meals a day.

Michelle: Frozen meals 2x a week

6. Request for nomination of Secretary

Brenda Nelson nominated herself. Dale Elliot made a motion to accept Brenda's nomination, seconded by Al Shonk. Motion carried.

7. Election of officers: Slate of officers was represented to the members

President: Teresa DeAnni

Vice President: Al Shonk

Secretary: Brenda Nelson

Treasurer: Meredith Skoglund

Judy Martin made a motion to accept the slate presented. Dale Elliot seconded; motion carried.

8. Nutrition Education Discussion

Cooking Matters: Several regions have offered Cooking Matters and haven't had a successful turnout. It is hard to market for this class.

Texting Pilot – Al has been texting out the texting pilot for RD counseling and nutrition. There will be interacting between the client and the RD. Al will keep us posted and send us information in case we are interested.

Fresh Conversations – Patty (3B) is participating in the pilot class with the SUA. Her first class will start in January. She will keep us informed of how it goes.

New Label Presentation – Lorrie (3B) presented a ZOOM presentation on the new label. There was a total of 7 participants. She included polling questions within the presentation to get interaction from the participants. The presentation will be offered again in November.

9. Committee request

Call for committee to form dedicated to researching nutrition education platforms CANSD can purchase for all to use. Patti Murphy Chair, with Judy Martin, Lorrie Wellman and Al Shonk volunteered to be on this committee.

10. General Business

2021 Invoices for dues will be sent in January 2021.

11. Next Meeting: February 24, 2021 at 3 pm via Zoom. Teresa will contact Leighanna Konetski to be the guest speaker. We will also plan on a report from the Nutrition Education Committee.

12. Adjourn: Al Shonk made a motion to adjourn, seconded by Judy Martin. Motion carried.