

Congregate Nutrition Assessment Results by Region and age

- Question 1** I have an illness or condition that made me change the kind and/or amount of food I eat.
- Question 2** I eat fewer than 2 meals per day.
- Question 3** I heat few fruits or vegetables or milk products.
- Question 4** I have 3 more more drinks of beer, liquor, or wine almost every day.
- Question 5** I have tooth or mouth problems that make it hard for me to eat.
- Question 6** I don't always have enough money to buy the food I need.
- Question 7** I eat alone most of the time
- Question 8** I take 3 or more different prescribed or over the counter drugs a day.
- Question 9** Without wanting to, I have lost or gained 10 pounds in the last 6 months.
- Question 10** I am not always physically able to shop, cook and/or feed myself.

Percents are YES answers to the above questions.

REGION	Age Ranges	Total	Q01	Q02	Q03	Q04	Q05	Q06	Q07	Q08	Q09	Q10
Region 1	11 to 20	1	0.00%	100.00%	0.00%	0.00%	0.00%	0.00%	100.00%	0.00%	0.00%	100.00%
Region 1	21 to 30	4	0.00%	0.00%	25.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%
Region 1	31 to 40	11	0.00%	18.18%	36.36%	0.00%	27.27%	27.27%	18.18%	36.36%	9.09%	18.18%
Region 1	41 to 50	5	0.00%	20.00%	40.00%	0.00%	60.00%	40.00%	40.00%	40.00%	20.00%	20.00%
Region 1	51 to 60	12	8.33%	33.33%	41.67%	0.00%	8.33%	25.00%	33.33%	83.33%	16.67%	33.33%
Region 1	61 to 70	57	17.54%	19.30%	43.86%	3.51%	21.05%	19.30%	40.35%	52.63%	14.04%	19.30%
Region 1	71 to 80	63	15.87%	11.11%	28.57%	1.59%	11.11%	9.52%	39.68%	58.73%	7.94%	11.11%
Region 1	81 to 90	47	2.13%	17.02%	25.53%	4.26%	10.64%	14.89%	44.68%	57.45%	25.53%	17.02%
Region 1	91 to 100	5	60.00%	20.00%	80.00%	0.00%	40.00%	60.00%	40.00%	80.00%	40.00%	20.00%
Region 10	51 to 60	3	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%
Region 10	61 to 70	17	11.76%	11.76%	17.65%	0.00%	11.76%	5.88%	35.29%	35.29%	11.76%	11.76%
Region 10	71 to 80	15	13.33%	33.33%	33.33%	0.00%	13.33%	6.67%	60.00%	33.33%	13.33%	33.33%
Region 10	81 to 90	19	21.05%	5.26%	26.32%	0.00%	5.26%	5.26%	31.58%	47.37%	31.58%	5.26%
Region 10	91 to 100	1	0.00%	0.00%	100.00%	0.00%	0.00%	100.00%	0.00%	100.00%	0.00%	0.00%
Region 11	1 to 10	1	0.00%	0.00%	100.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%
Region 11	21 to 30	6	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%
Region 11	41 to 50	7	14.29%	28.57%	28.57%	0.00%	0.00%	28.57%	57.14%	57.14%	28.57%	28.57%
Region 11	51 to 60	20	10.00%	20.00%	25.00%	5.00%	5.00%	40.00%	25.00%	35.00%	20.00%	20.00%
Region 11	61 to 70	122	22.13%	18.85%	29.51%	3.28%	13.11%	31.15%	36.07%	55.74%	9.84%	18.85%

Percents are YES answers to the above questions.

REGION	Age Ranges	Total	Q01	Q02	Q03	Q04	Q05	Q06	Q07	Q08	Q09	Q10
Region 11	71 to 80	245	23.67%	15.51%	31.84%	2.86%	13.47%	19.18%	47.76%	57.55%	13.88%	15.51%
Region 11	81 to 90	177	14.12%	10.73%	22.03%	3.39%	10.17%	6.78%	46.89%	55.37%	12.99%	10.73%
Region 11	91 to 100	50	10.00%	26.00%	38.00%	4.00%	20.00%	8.00%	52.00%	54.00%	24.00%	26.00%
Region 11	Over 120	3	0.00%	0.00%	66.67%	0.00%	33.33%	0.00%	33.33%	66.67%	0.00%	0.00%
Region 12	41 to 50	2	0.00%	100.00%	100.00%	0.00%	100.00%	100.00%	100.00%	100.00%	0.00%	100.00%
Region 12	51 to 60	8	0.00%	0.00%	50.00%	0.00%	0.00%	75.00%	25.00%	62.50%	12.50%	0.00%
Region 12	61 to 70	71	25.35%	7.04%	21.13%	1.41%	15.49%	16.90%	28.17%	38.03%	4.23%	7.04%
Region 12	71 to 80	76	17.11%	6.58%	21.05%	5.26%	5.26%	26.32%	31.58%	53.95%	9.21%	6.58%
Region 12	81 to 90	29	13.79%	3.45%	37.93%	3.45%	17.24%	10.34%	31.03%	65.52%	20.69%	3.45%
Region 12	91 to 100	10	30.00%	10.00%	30.00%	30.00%	30.00%	20.00%	40.00%	50.00%	30.00%	10.00%
Region 13	101 to 110	5	0.00%	0.00%	40.00%	0.00%	0.00%	20.00%	40.00%	0.00%	40.00%	0.00%
Region 13	51 to 60	5	20.00%	20.00%	40.00%	20.00%	20.00%	20.00%	20.00%	40.00%	20.00%	20.00%
Region 13	61 to 70	266	15.79%	13.91%	24.81%	4.14%	10.90%	15.79%	40.98%	39.85%	13.16%	13.91%
Region 13	71 to 80	386	12.95%	10.62%	30.57%	1.55%	6.74%	9.33%	31.09%	51.04%	9.07%	10.62%
Region 13	81 to 90	263	12.17%	11.03%	28.90%	3.80%	8.37%	7.60%	41.44%	55.51%	12.55%	11.03%
Region 13	91 to 100	52	9.62%	11.54%	44.23%	0.00%	7.69%	11.54%	26.92%	40.38%	17.31%	11.54%
Region 14	1 to 10	4	0.00%	0.00%	75.00%	0.00%	25.00%	25.00%	50.00%	0.00%	0.00%	0.00%
Region 14	51 to 60	6	0.00%	16.67%	83.33%	0.00%	16.67%	50.00%	50.00%	66.67%	50.00%	16.67%
Region 14	61 to 70	327	23.55%	18.35%	27.22%	2.45%	17.13%	18.04%	45.57%	48.93%	16.82%	18.35%
Region 14	71 to 80	382	21.99%	9.42%	26.44%	2.36%	12.30%	20.16%	40.31%	53.40%	12.30%	9.42%
Region 14	81 to 90	268	15.67%	7.84%	20.90%	1.49%	12.31%	15.30%	51.49%	56.34%	20.15%	7.84%
Region 14	91 to 100	46	8.70%	6.52%	15.22%	2.17%	17.39%	2.17%	41.30%	73.91%	21.74%	6.52%
Region 14	Over 120	1	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%
Region 2A	21 to 30	1	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	100.00%	0.00%	0.00%	0.00%
Region 2A	31 to 40	2	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%
Region 2A	51 to 60	5	0.00%	20.00%	40.00%	0.00%	40.00%	60.00%	60.00%	60.00%	60.00%	20.00%
Region 2A	61 to 70	91	23.08%	12.09%	26.37%	0.00%	13.19%	25.27%	40.66%	48.35%	15.38%	12.09%
Region 2A	71 to 80	87	19.54%	14.94%	29.89%	4.60%	13.79%	11.49%	42.53%	51.72%	16.09%	14.94%
Region 2A	81 to 90	46	21.74%	13.04%	28.26%	2.17%	13.04%	15.22%	45.65%	63.04%	21.74%	13.04%
Region 2A	91 to 100	6	16.67%	0.00%	50.00%	16.67%	0.00%	0.00%	50.00%	83.33%	16.67%	0.00%
Region 2B	101 to 110	4	0.00%	50.00%	25.00%	0.00%	0.00%	0.00%	75.00%	100.00%	50.00%	50.00%
Region 2B	41 to 50	8	25.00%	75.00%	62.50%	12.50%	25.00%	62.50%	87.50%	75.00%	62.50%	75.00%

Percents are YES answers to the above questions.

REGION	Age Ranges	Total	Q01	Q02	Q03	Q04	Q05	Q06	Q07	Q08	Q09	Q10
Region 2B	51 to 60	42	35.71%	57.14%	59.52%	2.38%	28.57%	57.14%	71.43%	76.19%	33.33%	57.14%
Region 2B	61 to 70	346	22.83%	17.63%	33.24%	1.45%	10.40%	15.90%	34.97%	53.76%	10.69%	17.63%
Region 2B	71 to 80	682	14.66%	16.57%	29.62%	1.47%	8.94%	8.80%	38.42%	64.96%	5.72%	16.57%
Region 2B	81 to 90	572	13.46%	11.71%	25.52%	1.22%	9.09%	8.39%	45.80%	66.61%	5.94%	11.71%
Region 2B	91 to 100	94	11.70%	10.64%	32.98%	2.13%	17.02%	8.51%	52.13%	60.64%	12.77%	10.64%
Region 2B	Over 120	1	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	100.00%	100.00%	0.00%	0.00%
Region 3A	1 to 10	2	0.00%	50.00%	50.00%	0.00%	50.00%	100.00%	100.00%	50.00%	0.00%	50.00%
Region 3A	101 to 110	2	50.00%	50.00%	50.00%	0.00%	50.00%	50.00%	100.00%	50.00%	100.00%	50.00%
Region 3A	21 to 30	2	0.00%	0.00%	0.00%	0.00%	50.00%	100.00%	50.00%	50.00%	50.00%	0.00%
Region 3A	31 to 40	6	33.33%	16.67%	50.00%	0.00%	33.33%	50.00%	33.33%	50.00%	33.33%	16.67%
Region 3A	41 to 50	10	30.00%	40.00%	60.00%	0.00%	20.00%	40.00%	60.00%	40.00%	0.00%	40.00%
Region 3A	51 to 60	72	16.67%	33.33%	41.67%	11.11%	27.78%	38.89%	56.94%	38.89%	18.06%	33.33%
Region 3A	61 to 70	1013	23.40%	32.97%	49.75%	9.58%	32.28%	54.10%	62.98%	48.08%	25.37%	32.97%
Region 3A	71 to 80	525	20.00%	17.90%	37.52%	3.62%	19.43%	28.57%	54.29%	53.14%	15.24%	17.90%
Region 3A	81 to 90	197	17.26%	14.21%	30.96%	2.03%	17.26%	26.90%	53.81%	53.81%	24.37%	14.21%
Region 3A	91 to 100	30	16.67%	10.00%	20.00%	0.00%	20.00%	13.33%	53.33%	43.33%	30.00%	10.00%
Region 3B	51 to 60	2	0.00%	0.00%	50.00%	50.00%	0.00%	0.00%	50.00%	100.00%	0.00%	0.00%
Region 3B	61 to 70	101	31.68%	5.94%	15.84%	1.98%	9.90%	9.90%	30.69%	42.57%	6.93%	5.94%
Region 3B	71 to 80	114	34.21%	5.26%	20.18%	3.51%	6.14%	9.65%	38.60%	42.98%	7.02%	5.26%
Region 3B	81 to 90	47	34.04%	21.28%	19.15%	0.00%	8.51%	17.02%	46.81%	65.96%	19.15%	21.28%
Region 3B	91 to 100	4	25.00%	0.00%	0.00%	25.00%	0.00%	0.00%	75.00%	50.00%	50.00%	0.00%
Region 4	101 to 110	1	0.00%	0.00%	100.00%	0.00%	0.00%	100.00%	100.00%	0.00%	0.00%	0.00%
Region 4	11 to 20	1	0.00%	0.00%	0.00%	0.00%	100.00%	0.00%	100.00%	100.00%	100.00%	0.00%
Region 4	31 to 40	5	60.00%	60.00%	40.00%	20.00%	40.00%	60.00%	80.00%	40.00%	60.00%	60.00%
Region 4	41 to 50	5	40.00%	80.00%	60.00%	0.00%	40.00%	60.00%	80.00%	40.00%	40.00%	80.00%
Region 4	51 to 60	13	15.38%	30.77%	46.15%	0.00%	30.77%	38.46%	38.46%	53.85%	38.46%	30.77%
Region 4	61 to 70	84	21.43%	23.81%	32.14%	3.57%	20.24%	28.57%	51.19%	42.86%	20.24%	23.81%
Region 4	71 to 80	84	26.19%	21.43%	30.95%	4.76%	13.10%	27.38%	48.81%	63.10%	15.48%	21.43%
Region 4	81 to 90	58	10.34%	15.52%	34.48%	1.72%	8.62%	17.24%	48.28%	60.34%	24.14%	15.52%
Region 4	91 to 100	9	0.00%	0.00%	33.33%	0.00%	0.00%	22.22%	55.56%	66.67%	22.22%	0.00%
Region 4	Over 120	2	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	50.00%	0.00%	0.00%
Region 5	51 to 60	1	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	100.00%	0.00%	0.00%

Percents are YES answers to the above questions.

REGION	Age Ranges	Total	Q01	Q02	Q03	Q04	Q05	Q06	Q07	Q08	Q09	Q10
Region 5	61 to 70	28	21.43%	3.57%	39.29%	0.00%	14.29%	17.86%	53.57%	42.86%	7.14%	3.57%
Region 5	71 to 80	31	6.45%	6.45%	29.03%	9.68%	12.90%	3.23%	38.71%	51.61%	12.90%	6.45%
Region 5	81 to 90	30	20.00%	6.67%	23.33%	0.00%	10.00%	10.00%	43.33%	56.67%	20.00%	6.67%
Region 5	91 to 100	5	20.00%	20.00%	40.00%	0.00%	0.00%	20.00%	60.00%	40.00%	40.00%	20.00%
Region 6	21 to 30	1	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%
Region 6	41 to 50	3	33.33%	66.67%	66.67%	0.00%	33.33%	33.33%	33.33%	33.33%	33.33%	66.67%
Region 6	51 to 60	12	8.33%	50.00%	33.33%	0.00%	25.00%	25.00%	33.33%	50.00%	25.00%	50.00%
Region 6	61 to 70	77	15.58%	16.88%	37.66%	2.60%	16.88%	27.27%	41.56%	50.65%	18.18%	16.88%
Region 6	71 to 80	97	20.62%	9.28%	31.96%	3.09%	18.56%	13.40%	40.21%	62.89%	25.77%	9.28%
Region 6	81 to 90	88	22.73%	4.55%	48.86%	2.27%	7.95%	13.64%	47.73%	63.64%	35.23%	4.55%
Region 6	91 to 100	10	50.00%	20.00%	50.00%	0.00%	10.00%	0.00%	70.00%	80.00%	60.00%	20.00%
Region 7	101 to 110	2	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	50.00%	0.00%	100.00%	0.00%
Region 7	31 to 40	1	100.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%
Region 7	51 to 60	27	25.93%	48.15%	59.26%	3.70%	33.33%	59.26%	44.44%	70.37%	33.33%	48.15%
Region 7	61 to 70	444	26.58%	27.03%	39.64%	4.95%	16.89%	38.51%	54.50%	47.30%	22.97%	27.03%
Region 7	71 to 80	443	22.80%	21.44%	34.09%	4.51%	15.80%	25.06%	49.66%	49.44%	19.41%	21.44%
Region 7	81 to 90	245	15.10%	11.02%	33.47%	2.86%	11.84%	13.06%	55.51%	51.84%	18.37%	11.02%
Region 7	91 to 100	33	21.21%	12.12%	33.33%	0.00%	15.15%	15.15%	48.48%	57.58%	36.36%	12.12%
Region 7	Under 1	2	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	50.00%	100.00%	0.00%	0.00%
Region 8	101 to 110	1	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	100.00%	0.00%
Region 8	51 to 60	1	0.00%	0.00%	100.00%	0.00%	0.00%	100.00%	100.00%	100.00%	100.00%	0.00%
Region 8	61 to 70	57	28.07%	12.28%	38.60%	1.75%	17.54%	24.56%	54.39%	45.61%	17.54%	12.28%
Region 8	71 to 80	33	33.33%	21.21%	42.42%	9.09%	30.30%	30.30%	33.33%	51.52%	15.15%	21.21%
Region 8	81 to 90	26	15.38%	7.69%	26.92%	0.00%	0.00%	30.77%	53.85%	57.69%	11.54%	7.69%
Region 8	91 to 100	7	42.86%	14.29%	57.14%	14.29%	28.57%	28.57%	71.43%	57.14%	14.29%	14.29%
Region 9	101 to 110	3	33.33%	0.00%	33.33%	0.00%	100.00%	33.33%	33.33%	66.67%	100.00%	0.00%
Region 9	21 to 30	11	0.00%	0.00%	18.18%	0.00%	0.00%	0.00%	9.09%	9.09%	36.36%	0.00%
Region 9	31 to 40	10	0.00%	20.00%	40.00%	0.00%	10.00%	10.00%	0.00%	0.00%	0.00%	20.00%
Region 9	41 to 50	7	28.57%	14.29%	28.57%	14.29%	42.86%	42.86%	42.86%	57.14%	14.29%	14.29%
Region 9	51 to 60	50	14.00%	10.00%	18.00%	2.00%	8.00%	16.00%	16.00%	28.00%	4.00%	10.00%
Region 9	61 to 70	537	16.57%	11.17%	23.65%	3.54%	10.99%	14.53%	30.35%	35.38%	8.75%	11.17%
Region 9	71 to 80	667	18.29%	9.90%	24.14%	2.55%	12.74%	13.34%	37.78%	41.98%	11.84%	9.90%

Percents are YES answers to the above questions.

REGION	Age Ranges	Total	Q01	Q02	Q03	Q04	Q05	Q06	Q07	Q08	Q09	Q10
Region 9	81 to 90	388	11.08%	7.22%	24.48%	3.09%	12.37%	9.54%	45.88%	53.09%	18.04%	7.22%
Region 9	91 to 100	90	11.11%	5.56%	28.89%	0.00%	6.67%	12.22%	52.22%	58.89%	28.89%	5.56%
Region 9	Under 1	1	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	100.00%	0.00%	0.00%	0.00%

