



**BROOKS CAFE**  
FRIENDS, FOOD & FUN



**2018**

Please **DON'T** arrive any earlier than 11:30am.

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

Suggested donation for 60+ \$3.00; the cost for 59 & under is \$8.25. Chef Salad, Grilled Chicken Salad, Vegetarian Salad, Low Gluten options available. (Meals prepared in a facility with wheat, nuts & milk) **Menu Subject to Change.**

**If you are not at lunch by 12:05pm your meal is not guaranteed**

**For reservations please call Tricia by 1:30 the business day before at (303) 335-4931 or e-mail [BrooksCafe@louisvilleco.gov](mailto:BrooksCafe@louisvilleco.gov) Lunch is served at 12:00, noon.**

**Birthday Day: Celebrating the August & September birthdays! On September 26**

**3 CLOSED**



**4**  
Cod with Lemon Brown/Wild Rice Blend  
Green Beans  
Banana  
Whole Wheat Roll

**5**  
Breaded Chicken  
Baked Potato with Sour Cream  
Asparagus  
Canned Pears  
Multigrain Bread

**6**  
Pepper Steak  
Brown Rice  
Green Beans & Mushrooms  
Strawberries & Bananas  
Multigrain Bread

**7 Grandparents Celebration**  
Pork Loin with Savory Dressing  
Waldorf Salad  
Fresh Strawberries & Blueberries  
Whole Wheat Roll

**10**  
Whole Wheat Spaghetti with Meatballs  
Tossed Salad with Italian Dressing  
Whole Banana  
Garlic Bread

**11**  
Roast Pork with Gravy  
Sweet Potatoes  
Mixed Vegetables  
Fruit Cup  
Whole Wheat Roll

**12** Crunchy Fish with Tartar  
**OR** Liver & Onions  
Roasted New Potatoes  
Creamy Coleslaw  
Fresh Pears

**13**  
Roast Beef with Gravy  
Mashed Potatoes  
Broccoli & Carrots  
Fresh Peach  
Whole Wheat Roll

**14**  
Teriyaki Chicken  
Brown Rice  
Peas & Carrots  
Whole Apple  
Whole Wheat Roll

**17**  
Stewed Pork with White Beans  
Roasted Vegetable Medley  
Spinach Salad with Sunflower Seeds & Balsamic Dressing  
Whole Wheat Roll

**18**  
Blackened Chicken with Avocado Cream Sauce  
Cilantro Lime Quinoa  
Marinated Veggies  
Grapes  
Whole Wheat Roll

**19**  
Green Chili Smothered Beef & Bean Burrito  
Sour Cream & Guacamole  
Lettuce & Tomato  
Cheddar Cheese  
Whole Orange

**20**  
Roast Turkey  
Baked Potato with Sour Cream  
Asparagus  
Pineapple with Coconut  
Whole Wheat Roll

**21**  
Citrus Fish  
Rice Pilaf  
Buttered Carrots  
Whole Apple  
Whole Wheat Roll

**24**  
Herb Baked Chicken  
Mashed Potatoes with Gravy  
Tossed Salad with Ranch Dressing  
Whole Orange  
Whole Wheat Roll

**25**  
Beef Stuffed Peppers  
Marinated Fresh Vegetables  
Canned Apricots  
Whole Wheat Roll

**26 Birthday Lunch**  
Lemon Baked Fish  
Potato Wedges  
Peas & Cheese Salad  
Mixed Fruit Cup  
Whole Wheat Roll

**27**  
Pork Marsala  
Whole Wheat Pasta  
Spinach Salad with Balsamic Dressing  
Grapes  
Whole Wheat Roll

**28**  
BBQ Beef  
Mashed Yukon Potatoes  
Cauliflower & Carrots  
Whole Banana  
Whole Wheat Roll