

## Congregate Nutrition Assessment Results by age

- Question 1** I have an illness or condition that made me change the kind and/or amount of food I eat.
- Question 2** I eat fewer than 2 meals per day.
- Question 3** I heat few fruits or vegetables or milk products.
- Question 4** I have 3 more more drinks of beer, liquor, or wine almost every day.
- Question 5** I have tooth or mouth problems that make it hard for me to eat.
- Question 6** I don't always have enough money to buy the food I need.
- Question 7** I eat alone most of the time
- Question 8** I take 3 or more different prescribed or over the counter drugs a day.
- Question 9** Without wanting to, I have lost or gained 10 pounds in the last 6 months.
- Question 10** I am not always physically able to shop, cook and/or feed myself.

Percents are YES answers to the above questions.

Age Ranges	Total	Q01	Q02	Q03	Q04	Q05	Q06	Q07	Q08	Q09	Q10
1 to 10	7	0%	14%	71%	14%	29%	43%	57%	14%	0%	14%
11 to 20	2	0%	50%	0%	0%	50%	0%	100%	50%	50%	50%
21 to 30	25	0%	0%	12%	0%	4%	8%	12%	8%	20%	0%
31 to 40	35	17%	23%	37%	3%	23%	29%	23%	26%	17%	23%
41 to 50	47	23%	47%	51%	4%	26%	47%	62%	53%	26%	47%
51 to 60	279	17%	31%	41%	5%	21%	39%	43%	51%	22%	31%
61 to 70	3638	22%	21%	35%	5%	19%	31%	47%	46%	17%	21%
71 to 80	3935	19%	14%	30%	3%	13%	17%	42%	53%	12%	14%
81 to 90	2501	14%	10%	27%	2%	11%	12%	48%	58%	16%	10%
91 to 100	452	14%	11%	33%	2%	14%	11%	48%	58%	24%	11%
101 to 110	18	11%	17%	33%	0%	22%	22%	56%	39%	67%	17%
Over 120	7	0%	0%	29%	0%	14%	0%	29%	57%	0%	0%
Under 1	3	0%	0%	0%	0%	0%	0%	67%	67%	0%	0%