

# Vegetarian Dishes

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| <p>Baked Potato <b>89</b><br/> <a href="#">Broccoli Cheese Sauce</a><br/> <a href="#">Tossed Salad</a> with Lite French<br/>           Fresh Plum<br/>           Fruit Cocktail<br/> <a href="#">Drop Biscuit</a> with Margarine<br/>           Fat Free Milk</p> | <p><a href="#">Black Bean &amp; Tortilla Casserole</a> <b>90</b><br/>           Steamed Brown Rice<br/> <a href="#">Whipped Sweet Potatoes</a><br/>           Mixed Fruit<br/>           Fat Free Milk</p>  | <p><a href="#">California Veggie Bake</a> <b>91</b><br/> <a href="#">Spinach Salad with Egg</a> &amp; Lite Italian<br/>           Dressing<br/>           Fresh Pear<br/>           Citrus Cup<br/>           Oatmeal Raisin Cookie<br/>           Wheat Bread with Margarine<br/>           Fat Free Milk</p> |
| <p><a href="#">Macaroni &amp; Cheese</a> <b>92</b><br/> <a href="#">Shredded Green Salad</a> with Lemon<br/> <a href="#">Whipped Hubbard Squash</a><br/> <a href="#">Strawberry Applesauce</a><br/>           Fat Free Milk</p>                                   | <p><a href="#">Pasta Primavera</a> <b>93</b><br/> <a href="#">Spinach Salad with Egg</a> &amp;<br/>           Lite Italian Dressing<br/> <a href="#">Apple Pear Salad with Almonds</a><br/>           Plum<br/>           Garlic Bread<br/>           Fat Free Milk</p> | <p><a href="#">Spinach Cheese Squares</a> <b>94</b><br/> <a href="#">Tossed Salad with Pear</a><br/> <a href="#">Whipped Hubbard Squash</a><br/>           Citrus Cup<br/>           Wheat Bread with Margarine<br/>           Fat Free Milk</p>   |
| <p><a href="#">Spinach Lasagna</a> <b>95</b><br/> <a href="#">Tossed Vegetable Salad</a><br/>           Seasoned Green Beans<br/>           Tangerine<br/>           Wheat Bread with Margarine<br/>           Fat Free Milk</p>                                  | <p>Swiss Broccoli Pasta <b>96</b><br/> <a href="#">5-Way Vegetables</a><br/>           Sliced Peaches<br/>           Plum<br/> <a href="#">Sweet Potato Roll</a> with Margarine<br/>           Fat Free Milk</p>  | <p><a href="#">Spinach Cheese Squares</a> <b>94L</b><br/> <a href="#">Tossed Salad with Pear</a><br/> <a href="#">Whipped Hubbard Squash</a><br/>           Tropical Fruit<br/>           Whole Wheat Bread with Margarine<br/>           Fat Free Milk</p>  |